

Prenatal Class Registration Form

Thank you for choosing us for your special delivery.

Please register early in your pregnancy.

It is important for you to take a multi-vitamin with folic acid as early as possible in your pregnancy.

Name: **Date of Birth:**

Baby's Due Date:

Father / Partner or Labour Support Person:

Address: **City / Town:**

Postal Code:

Telephone: Home Business Cell / Text

Email:

Please check how you'd like us to contact you with information about the dates and times of your classes.

- Home Business Cell Text Email

Family Doctor: **Obstetrician/Midwife:**

Hospital for Birth: Is this your first pregnancy? YES NO

If you smoke and would like information about cutting down or quitting, please check here:

Are you on a private well water system? YES NO *If yes, information will be sent to you. Good drinking water is important to you and your baby.*

Prenatal Classes: First time parents are encouraged to attend all classes

Please choose from one of the following options:

- \$25.00 In-person class series - includes all classes listed
- \$25.00 Online prenatal class
- \$40.00 Online class AND in-person classes
- Free Breastfeeding class
recommended refresher for 2nd or 3rd time parents or those taking online prenatal class

Topics include:

- Class 1: Labour & Delivery
- Class 2: Comfort Measures
- Class 3: Postpartum, Parenthood & Newborn Care
- Class 4: Breastfeeding

Cheque Enclosed

Please make cheque payable to: *Treasurer, County of Huron.*

To pay by credit card, call us with your credit card number at 519-482-3416 or 1-877-837-6143 and ask for prenatal registration. Financial assistance is available.

Please mail this form and payment to:

Prenatal Education Program, Huron County Health Unit, 77722B London Road, RR # 5, Clinton, ON N0M 1L0

Personal information is collected under the authority of the Health Protection and Promotion Act, Section 5, and in accordance with the Personal Health Information Protection Act and/or the (Municipal) Freedom of Information and Protection of Privacy Act, for the purposes of providing public health programs and for statistical purposes. For more information see www.huronhealthunit.ca